

Assembly Concurrent Resolution

No. 17

Introduced by Assembly Member Saldana

(Coauthors: Assembly Members Bonnie Lowenthal, Torres, and Yamada)

(Coauthors: Senators Alquist, Kehoe, Liu, Negrete McLeod, Oropeza, Pavley, Romero, and Wiggins)

February 2, 2009

Assembly Concurrent Resolution No. 17—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 17, as introduced, Saldana. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2009 as American Heart Month in California, would recognize February 6, 2009, as Wear Red Day in California, and would urge public support for Go Red for Women events.

Fiscal committee: no.

- 1 WHEREAS, Diseases of the heart are the leading cause of death
- 2 and stroke is the third leading cause of death in California and the
- 3 United States; and
- 4 WHEREAS, In 2008, the direct and indirect costs of
- 5 cardiovascular disease and stroke in the United States is estimated
- 6 to be \$475 billion; and
- 7 WHEREAS, Cardiovascular diseases claim the lives of over
- 8 455,000 American women each year, approximately one death per
- 9 minute; and

1 WHEREAS, Each year, 53 percent of all cardiovascular disease
2 and 61 percent of stroke deaths occur in women; and

3 WHEREAS, More women die of cardiovascular disease than
4 the next five leading causes of death combined, including all
5 cancers; and

6 WHEREAS, Only 21 percent of women perceive heart disease
7 as their greatest risk; and

8 WHEREAS, The American Heart Association is committed to
9 conducting and supporting medical research that advances
10 knowledge in the areas of prevention and treatment of heart disease
11 and stroke; and

12 WHEREAS, The American Heart Association strives to inform
13 all citizens about the critical importance of tools and skills that
14 will increase the survival rate of men and women from heart disease
15 and stroke; and

16 WHEREAS, February is designated as American Heart Month;
17 and

18 WHEREAS, Go Red for Women is the American Heart
19 Association's national call to increase awareness of heart disease,
20 the leading cause of death for women, and to inspire women to
21 take charge of their heart health; and

22 WHEREAS, All women should learn their own personal risk
23 for heart disease, using tools like the American Heart Association's
24 Go Red for Women Heart Checkup, and by talking to their health
25 care provider; and

26 WHEREAS, Making the right choices relating to proper
27 nutrition, physical activity, doctor visits, and other lifestyle
28 methods is essential to living a heart healthy life; and

29 WHEREAS, Wear Red Day is recognized nationwide each year
30 to highlight the Go Red for Women campaign; now, therefore, be
31 it

32 *Resolved, by the Assembly of the State of California, the Senate*
33 *thereof concurring,* That the Legislature recognizes the month of
34 February 2009 as American Heart Month in California in order to
35 raise awareness of the importance of the ongoing fight against
36 heart disease and stroke; and be it further

37 *Resolved,* That the Legislature recognizes February 6, 2009, as
38 Wear Red Day in California, and urges all citizens to show their
39 support for women and the fight against heart disease by
40 commemorating this day by wearing the color red; and be it further

1 *Resolved*, That the Legislature urges public support for Go Red
2 for Women events planned in California during American Heart
3 Month; and be it further

4 *Resolved*, That the Chief Clerk of the Assembly transmit copies
5 of this resolution to the Secretary of the Senate and the author for
6 appropriate distribution.

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