

AMENDED IN ASSEMBLY JANUARY 21, 2010

CALIFORNIA LEGISLATURE—2009—10 REGULAR SESSION

ASSEMBLY BILL

No. 1646

Introduced by Assembly Member Hayashi

January 12, 2010

~~An act relating to high school athletics. An act to amend Sections 35179.1 and 49032 of the Education Code, relating to training for high school coaches.~~

LEGISLATIVE COUNSEL'S DIGEST

AB 1646, as amended, Hayashi. High school athletics: training for coaches.

Existing

(1) *Existing* law states the intent of the Legislature to establish a California High School Coaching Education and Training Program to be administered by local school districts and to emphasize, among other things, training and certification in CPR and first aid. Existing law requires each high school sports coach to complete a coaching education program developed by his or her school district or the California Interscholastic Federation that meets specified guidelines. Existing law makes a high school sports coach responsible for the costs of taking the prescribed course.

~~This bill would state the intent of the Legislature to enact legislation that would increase training for high school sports coaches relating to traumatic brain injuries, heatstroke, asthma attacks, and cardiac arrest.~~

~~This bill, commencing December 31, 2011, would require all coaches taking or renewing first aid certification to take training that includes a basic understanding of the signs, symptoms, and appropriate emergency action steps regarding potentially catastrophic injuries,~~

including, but not limited to, head and neck injuries, concussions, 2nd impact syndrome, asthma attacks, heatstroke, and cardiac arrest. By requiring high school coaches to complete this additional training, this bill would impose a state-mandated local program.

(2) The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that, if the Commission on State Mandates determines that the bill contains costs mandated by the state, reimbursement for those costs shall be made pursuant to these statutory provisions.

Vote: majority. Appropriation: no. Fiscal committee: ~~no~~-yes.
 State-mandated local program: ~~no~~-yes.

The people of the State of California do enact as follows:

1 SECTION 1. Section 35179.1 of the Education Code is amended
 2 to read:

3 35179.1. (a) This section shall be known and may be cited as
 4 the 1998 California High School Coaching Education and Training
 5 Program.

6 (b) The Legislature finds and declares all of the following:

7 (1) ~~The exploding demand in girls athletics, and an increase in~~
 8 ~~the number of pupils participating in both boys and girls athletics,~~
 9 ~~are causing an increase in the number of coaches needed statewide~~
 10 *The increase in the number of both boys and girls who participate*
 11 *in high school athletics requires a corresponding increase in the*
 12 *number of coaches statewide.*

13 (2) Well-trained coaches are vital to the success of ~~the~~
 14 ~~experience of a pupil in sports and interscholastic athletic activities~~
 15 *pupil athletes.*

16 (3) ~~Improvement in coaching is a primary need identified by~~
 17 ~~hundreds of principals, superintendents, and school board members~~
 18 ~~who participated in the development of a strategic plan for the~~
 19 ~~California Interscholastic Federation (CIF) in 1993 and 1994~~
 20 *Hundreds of principals, superintendents, and school board*
 21 *members, who participated in developing a strategic plan in*
 22 *conjunction with the California Interscholastic Federation (CIF),*
 23 *identified coaching improvement as a vital investment.*

1 (4) There are many concerns about safety, training, organization,
2 philosophy, communications, and general management in coaching
3 that need to be addressed.

4 ~~(5) It is a conservative estimate that at least 25,000 coaches~~
5 ~~annually need training and an orientation just to meet current~~
6 ~~coaching regulations contained in Title 5 of the California Code~~
7 ~~of Regulations, including basic safety and CPR requirements.~~

8 ~~(6)~~

9 (5) School districts, in conjunction with the California
10 Interscholastic Federation, have taken the initial first steps toward
11 building a statewide coaching education program by assembling
12 a faculty of statewide trainers composed of school district
13 administrators, coaches, and athletic directors using a national
14 program being used in several states.

15 (6) *Concussions are a serious and growing public health*
16 *concern, especially for athletes participating in contact sports.*

17 (7) *Concussions can be difficult to detect and, along with other*
18 *serious head injuries, can have long-term effects, including suicide,*
19 *depression, memory loss, sleep disorders, impairments in attention,*
20 *and motor deficits. The effects of these injuries, while not all*
21 *preventable, can be mitigated by prompt recognition and*
22 *appropriate response.*

23 (8) *The competitive interscholastic athletic culture of playing*
24 *through pain or “toughing it out” puts pupil athletes at serious*
25 *risk.*

26 (9) *Concussions have a cumulative effect. Allowing an athlete*
27 *to return to play too early after a concussion increases the chance*
28 *of more serious brain injury. A concussion can cause rapid brain*
29 *swelling that can result in coma or even death.*

30 (10) *Currently, coaches, pupil athletes, and parents of pupil*
31 *athletes lack appropriate awareness about the prevention,*
32 *identification, and treatment of concussions.*

33 (11) *According to the Centers for Disease Control and*
34 *Prevention, at least three million sports- and recreation-related*
35 *concussions occur in the United States each year.*

36 (c) It is, therefore, the intent of the Legislature to establish a
37 California High School Coaching Education and Training Program.
38 It is the intent of the Legislature that the program be administered
39 by local school districts and emphasize the following components:

- 1 (1) Development of coaching philosophies consistent with *the*
 2 *goals of the school, school district, and ~~school board~~ goals*
 3 *governing board of the school district.*
- 4 (2) Sport psychology: emphasizing communication,
 5 reinforcement of the efforts of young people, effective delivery of
 6 coaching regarding technique, and motivation of the pupil athlete.
- 7 (3) Sport pedagogy: how young athletes learn, and how to teach
 8 sport skills.
- 9 (4) Sport physiology: principles of training, fitness for sport,
 10 development of a training program, nutrition for athletes, and the
 11 harmful effects associated with the use of steroids and
 12 performance-enhancing dietary supplements by adolescents.
- 13 (5) Sport management: team management, risk management,
 14 and working within the context of an entire school program.
- 15 (6) ~~Training: certification in CPR and first aid. Training~~
 16 *provided by the American Red Cross, the American Heart*
 17 *Association, or another organization that provides equivalent*
 18 *training and certification in all of the following areas:*
- 19 (A) *Valid and current certification in CPR.*
- 20 (B) *Valid and current certification in first aid that includes a*
 21 *basic understanding of the signs, symptoms, and appropriate*
 22 *emergency action steps regarding potentially catastrophic injuries,*
 23 *including, but not limited to, head and neck injuries, concussions,*
 24 *second impact syndrome, asthma attacks, heatstroke, and cardiac*
 25 *arrest.*
- 26 (C) *Emergency action planning.*
- 27 (D) *Communicating effectively with 911 emergency services.*
- 28 (7) Knowledge of, and adherence to, statewide rules and
 29 regulations, as well as school regulations including, but not
 30 necessarily limited to, eligibility, gender equity, and discrimination.
- 31 (8) Sound planning and goal setting.
- 32 (d) This section does not endorse a particular coaching education
 33 or training program.
- 34 *SEC. 2. Section 49032 of the Education Code is amended to*
 35 *read:*
- 36 49032. (a) (1) Effective December 31, 2008, each high school
 37 sports coach shall have completed a coaching education program
 38 developed by his or her school district or the California
 39 Interscholastic Federation that meets the guidelines set forth in
 40 Section 35179.1. *Commencing on December 31, 2011, all coaches*

1 *taking or renewing their first aid certification shall meet the*
2 *guidelines set forth in paragraph (6) of subdivision (b) of Section*
3 *35179.1, as that section is amended during the second year of the*
4 *2009–10 Regular Session.*

5 (2) The coaching education program described by paragraph
6 (1) may be taught by an athletic director or high school sports
7 coach who is deemed to be qualified by the California
8 Interscholastic Federation.

9 (b) Upon completion of the program, a high school sports coach
10 shall be deemed to have completed the education requirement for
11 the remainder of his or her time coaching at the high school level
12 in any school district in the state.

13 (c) Each high school sports coach shall be responsible for the
14 costs of taking the course.

15 (d) The training requirements of this section shall count toward
16 the continuing education required for the renewal of the teaching
17 credential of a coach who is also a certificated employee.

18 (e) Notwithstanding subdivision (a), a high school sports coach
19 who does not meet the requirements of subdivision (a) may be
20 used for no longer than one season of interscholastic competition.

21 (f) For the purposes of this section, “high school sports coach”
22 means an employee or a volunteer who is authorized by a high
23 school to be responsible for leading a school sports team of pupil
24 athletes.

25 *SEC. 3. If the Commission on State Mandates determines that*
26 *this act contains costs mandated by the state, reimbursement to*
27 *local agencies and school districts for those costs shall be made*
28 *pursuant to Part 7 (commencing with Section 17500) of Division*
29 *4 of Title 2 of the Government Code.*

30 ~~SECTION 1. It is the intent of the Legislature to enact~~
31 ~~legislation that would increase training for high school sports~~
32 ~~coaches relating to traumatic brain injuries, heatstroke, asthma~~
33 ~~attacks, and cardiac arrest.~~