

Assembly Concurrent Resolution

No. 91

Introduced by Assembly Member Buchanan

January 18, 2012

Assembly Concurrent Resolution No. 91—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL’S DIGEST

ACR 91, as introduced, Buchanan. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2012 as American Heart Month in California and recognize February 3, 2012, as Wear Red Day in California.

Fiscal committee: no.

1 WHEREAS, Cardiovascular disease is the nation’s leading cause
2 of death and costliest disease, with direct and indirect costs
3 estimated to be \$297.7 billion dollars; and
4 WHEREAS, Cardiovascular disease accounts for one in three
5 deaths nationwide; and
6 WHEREAS, Nearly 2,200 Americans die of cardiovascular
7 disease each day, approximately one death every 39 seconds; and
8 WHEREAS, Nearly 33 percent of deaths due to cardiovascular
9 disease occur before the age of 75 years; and
10 WHEREAS, In the United States, an estimated 785,000 people
11 will have a coronary attack, an estimated 470,000 people will have
12 a recurrent attack, and an additional 195,000 “silent” heart attacks
13 will occur this year; and

1 WHEREAS, Each year 64,670 Californians die from
2 cardiovascular disease; and

3 WHEREAS, Approximately 8 million women in the United
4 States are living with heart disease, yet only one in five American
5 women believe that heart disease is her greatest health threat; and

6 WHEREAS, Ninety percent of women have one or more risk
7 factors for developing heart disease; and

8 WHEREAS, Nearly as many women die of heart disease, stroke,
9 and all other cardiovascular diseases than the next four leading
10 causes of death combined, including all cancers; and

11 WHEREAS, Only 16 percent of women surveyed in 2009
12 identified cardiovascular disease as the greatest health problem
13 facing them; and

14 WHEREAS, Common symptoms for women are different than
15 men and include pain of the jaw, arm, or back, but most women
16 reported a delay of anywhere from 15 minutes to two weeks before
17 seeking treatment after symptoms began; and

18 WHEREAS, The research is clear that there are preventive
19 strategies, as well as community-based strategies, that can increase
20 survival rates from cardiovascular disease; and

21 WHEREAS, February is designated as American Heart Month,
22 and Californians should learn the warning signs of heart disease
23 and stroke; and

24 WHEREAS, Go Red for Women is the American Heart
25 Association's national call to increase awareness about heart
26 disease—the leading cause of death for women—and to inspire
27 women to take charge of their heart health; and

28 WHEREAS, Making the right choices relating to proper
29 nutrition, physical activity, and other healthy lifestyle choices are
30 essential to living a heart healthy life; and

31 WHEREAS, Wear Red Day is recognized nationwide each year
32 to highlight the Go Red for Women campaign; now, therefore, be
33 it

34 *Resolved by the Assembly of the State of California, the Senate*
35 *thereof concurring*, That the Legislature recognizes the month of
36 February 2012 as American Heart Month in California in order to
37 raise awareness of the importance of the ongoing fight against
38 heart disease and stroke; and be it further

39 *Resolved*, That the Legislature recognizes February 3, 2012, as
40 Wear Red Day in California, and urges all Californians to show

1 their support for women and the fight against heart disease by
2 commemorating this day by wearing the color red; and be it further
3 *Resolved*, That the Legislature urges public support for Go Red
4 for Women events planned in California during American Heart
5 Month; and be it further
6 *Resolved*, That the Chief Clerk of the Assembly transmit copies
7 of this resolution to the author for appropriate distribution.

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