

AMENDED IN ASSEMBLY JANUARY 31, 2012

CALIFORNIA LEGISLATURE—2011–12 REGULAR SESSION

**Assembly Concurrent Resolution**

**No. 91**

**Introduced by Assembly Member Buchanan**

January 18, 2012

Assembly Concurrent Resolution No. 91—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL’S DIGEST

ACR 91, as amended, Buchanan. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2012 as American Heart Month in California and recognize February 3, 2012, as Wear Red Day in California.

Fiscal committee: no.

1 WHEREAS, Cardiovascular disease is the nation’s leading cause  
2 of death and costliest disease, with direct and indirect costs  
3 estimated to be \$297.7 billion dollars; and  
4 WHEREAS, Cardiovascular disease accounts for one in three  
5 deaths nationwide; and  
6 WHEREAS, Nearly 2,200 Americans die of cardiovascular  
7 disease each day, approximately one death every 39 seconds; and  
8 WHEREAS, Nearly 33 percent of deaths due to cardiovascular  
9 disease occur before the age of 75 years; and  
10 WHEREAS, In the United States, an estimated 785,000 people  
11 will have a coronary attack, an estimated 470,000 people will have  
12 a recurrent attack, and an additional 195,000 “silent” heart attacks  
13 will occur this year; and

1     ~~WHEREAS, Each year 64,670 Californians die from~~  
2     ~~cardiovascular disease; and~~

3     WHEREAS, Approximately 8 million women in the United  
4     States are living with heart disease, yet only one in five American  
5     women believe that heart disease is her greatest health threat; and

6     WHEREAS, Ninety percent of women have one or more risk  
7     factors for developing heart disease; and

8     WHEREAS, Nearly as many women die of heart disease, stroke,  
9     and all other cardiovascular diseases than the next four leading  
10    causes of death combined, including all cancers; and

11    WHEREAS, Only 16 percent of women surveyed in 2009  
12    identified cardiovascular disease as the greatest health problem  
13    facing them; and

14    WHEREAS, Common symptoms for women are different than  
15    men and include pain of the jaw, arm, or back, but most women  
16    reported a delay of anywhere from 15 minutes to two weeks before  
17    seeking treatment after symptoms began; and

18    WHEREAS, The research is clear that there are preventive  
19    strategies, as well as community-based strategies, that can increase  
20    survival rates from cardiovascular disease; and

21    WHEREAS, February is designated as American Heart Month,  
22    and Californians should learn the warning signs of heart disease  
23    and stroke; and

24    WHEREAS, Go Red for Women is the American Heart  
25    Association's national call to increase awareness about heart  
26    disease—the leading cause of death for women—and to inspire  
27    women to take charge of their heart health; and

28    WHEREAS, Making the right choices relating to proper  
29    nutrition, physical activity, and other healthy lifestyle choices are  
30    essential to living a heart healthy life; and

31    WHEREAS, Wear Red Day is recognized nationwide each year  
32    to highlight the Go Red for Women campaign; now, therefore, be  
33    it

34    *Resolved by the Assembly of the State of California, the Senate*  
35    *thereof concurring,* That the Legislature recognizes the month of  
36    February 2012 as American Heart Month in California in order to  
37    raise awareness of the importance of the ongoing fight against  
38    heart disease and stroke; and be it further

39    *Resolved,* That the Legislature recognizes February 3, 2012, as  
40    Wear Red Day in California, and urges all Californians to show

1 their support for women and the fight against heart disease by  
2 commemorating this day by wearing the color red; and be it further  
3 *Resolved*, That the Legislature urges public support for Go Red  
4 for Women events planned in California during American Heart  
5 Month; and be it further  
6 *Resolved*, That the Chief Clerk of the Assembly transmit copies  
7 of this resolution to the author for appropriate distribution.

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