

Assembly Concurrent Resolution

No. 86

Introduced by Assembly Member Buchanan

January 27, 2014

Assembly Concurrent Resolution No. 86—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 86, as introduced, Buchanan. American Heart Month.

This measure would recognize the month of February 2014 as American Heart Month in California and recognize February 7, 2014, as Wear Red Day in California.

Fiscal committee: no.

1 WHEREAS, Heart disease is the number 1 killer of women, yet
2 often is preventable; and

3 WHEREAS, Cardiovascular disease accounts for one in three
4 deaths nationwide, approximately one woman's death every
5 minute; and

6 WHEREAS, An estimated 43 million women in the United
7 States are affected by cardiovascular disease; and

8 WHEREAS, Heart disease kills more women than all forms of
9 cancer combined, but often the disease goes undiagnosed; and

10 WHEREAS, Ninety percent of women have one or more risk
11 factors for developing heart disease, yet only one in five American
12 women believe that heart disease is her greatest health threat; and

13 WHEREAS, Women comprise only 24 percent of participants
14 in all heart-related studies; and

1 WHEREAS, Since 1984, more women than men have died each
2 year from heart disease, and the gap continues to widen; and

3 WHEREAS, Many women are either unaware of the symptoms
4 of heart disease or may attribute their symptoms to other causes,
5 and women are less likely to call 911 for themselves when
6 experiencing symptoms of a heart attack than if someone else were
7 having a heart attack; and

8 WHEREAS, The American Heart Association's Go Red for
9 Women movement has been positively impacting the health of
10 women for 10 years, as a result more than 627,000 women's lives
11 have been saved, and 330 fewer women are dying each day; and

12 WHEREAS, In celebration of the 10th Anniversary of National
13 Wear Red Day on February 7, 2014, Go Red for Women is asking
14 all women across America to Go Red by wearing red and speaking
15 red to all of the following: Get Your Numbers, ask your doctor to
16 check your blood pressure and cholesterol; Own Your Lifestyle,
17 stop smoking, lose weight, exercise, and eat healthy; Realize Your
18 Risk; Educate Your Family, make healthy food choices for you
19 and your family and teach your kids the importance of staying
20 active; Don't Be Silent, tell every woman you know that heart
21 disease is their No. 1 killer; now therefore, be it

22 *Resolved by the Assembly of the State of California, the Senate*
23 *thereof concurring*, That the Legislature recognizes the month of
24 February 2014 as American Heart Month in California in order to
25 raise awareness of the importance of the ongoing fight against
26 heart disease and stroke; and be it further

27 *Resolved*, That the Legislature recognizes February 7, 2014, as
28 Wear Red Day in California, and urges all citizens to show their
29 support for women and the fight against heart disease by
30 commemorating this day by wearing the color red; and be it further

31 *Resolved*, That the Legislature urges public support for Go Red
32 for Women events planned in California during American Heart
33 Month; and be it further

34 *Resolved*, That the Chief Clerk of the Assembly transmit copies
35 of this resolution to the author for appropriate distribution.

O