

AMENDED IN ASSEMBLY AUGUST 19, 2013

AMENDED IN ASSEMBLY AUGUST 13, 2013

**Senate Concurrent Resolution**

**No. 58**

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**Introduced by Senator Beall  
(Coauthor: Senator Anderson)**

*(Coauthors: Assembly Members Achadjian, Alejo, Allen, Ammiano, Atkins, Bigelow, Bloom, Bocanegra, Bonilla, Bonta, Bradford, Brown, Buchanan, Ian Calderon, Campos, Chau, Chávez, Conway, Cooley, Dahle, Daly, Dickinson, Donnelly, Eggman, Fong, Fox, Frazier, Beth Gaines, Garcia, Gatto, Gomez, Gonzales, Gordon, Gorell, Grove, Hagman, Hall, Harkey, Roger Hernández, Holden, Jones, Jones-Sawyer, Levine, Linder, Logue, Lowenthal, Maienschein, Mansoor, Medina, Melendez, Mitchell, Morrell, Muratsuchi, Nazarian, Nestande, Pan, Perea, Quirk, Quirk-Silva, Rendon, Salas, Skinner, Stone, Ting, Wagner, Waldron, Weber, Wieckowski, Wilk, Williams, and Yamada)*

July 1, 2013

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Senate Concurrent Resolution No. 58—Relative to Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day.

LEGISLATIVE COUNSEL'S DIGEST

SCR 58, as amended, Beall. Restless Legs Syndrome/Willis-Ekbom disease.

This measure would proclaim September 23, 2013, as Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day in California.

Fiscal committee: no.

1 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is  
2 a neurological disorder characterized by unpleasant sensations in  
3 the legs and a distressing, irresistible urge to move them; and

4 WHEREAS, An estimated 10 million adults in the United States,  
5 totaling 3 percent of our country, and millions of others worldwide  
6 have been affected by Restless Legs Syndrome/Willis-Ekbom  
7 disease, a disease for which there is no known cure; and

8 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is  
9 difficult to diagnose; and

10 WHEREAS, Symptoms typically include an urge to move the  
11 legs, caused by uncomfortable and unpleasant sensations in the  
12 legs, presenting or worsening in the evening or night, and  
13 additionally, daytime symptoms of Restless Legs  
14 Syndrome/Willis-Ekbom disease have been established; and

15 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease  
16 has an impact on sleep, concentration, and work productivity; with  
17 68.6 percent of patients needing more than 30 minutes, generally  
18 regarded as pathologic, to initiate sleep and 60.1 percent waking  
19 three or more times per night; with 49.7 percent of patients  
20 reporting that symptoms adversely affect next day concentration;  
21 and with patients with moderate to severe Restless Legs  
22 Syndrome/Willis-Ekbom disease having an overall mean loss of  
23 workplace productivity of one day per 40-hour workweek; and

24 WHEREAS, Increased awareness and expanded knowledge of  
25 the realities of life with Restless Legs Syndrome/Willis-Ekbom  
26 disease will allow the community at large to better support people  
27 who struggle with the challenges of this condition; and

28 WHEREAS, The Restless Legs Syndrome Foundation, a  
29 nonprofit organization, and other groups around our country have  
30 joined together to promote Restless Legs Syndrome/Willis-Ekbom  
31 disease awareness and support, including improved education,  
32 diagnosis, research, and treatment; and

33 WHEREAS, The Restless Legs Syndrome Foundation is urging  
34 patients, their supporters, health care providers, and the general  
35 public to demonstrate their caring by sharing the road on which  
36 patients walk, the facts about Restless Legs  
37 Syndrome/Willis-Ekbom disease, and the growing awareness of  
38 the etiology of this disorder and treatments; and

39 WHEREAS, The community's focus on Restless Legs  
40 Syndrome/Willis-Ekbom disease and its impact on patients' lives

1 will help give hope for a brighter future for people with Restless  
2 Legs Syndrome/Willis-Ekbom disease; now, therefore, be it  
3 *Resolved by the Senate of the State of California, the Assembly*  
4 *thereof concurring,* That the California Legislature hereby  
5 recognizes the needs of these chronically ill people and proclaims  
6 September 23, 2013, as Restless Legs Syndrome/Willis-Ekbom  
7 Disease Awareness Day and urges all our citizens to support the  
8 search for a cure and to assist those individuals and families who  
9 deal with this condition on a daily basis; and be it further  
10 *Resolved,* That the Secretary of the Senate transmit copies of  
11 this resolution to the author for appropriate distribution.

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