

Assembly Concurrent Resolution

No. 154

Introduced by Assembly Member Gipson

March 14, 2016

Assembly Concurrent Resolution No. 154—Relative to National Nutrition Month.

LEGISLATIVE COUNSEL'S DIGEST

ACR 154, as introduced, Gipson. National Nutrition Month.

This measure would recognize the month of March 2016 as National Nutrition Month.

Fiscal committee: no.

1 WHEREAS, CalFresh is a federally mandated, state-supervised,
2 and county-operated government program designed to eliminate
3 hunger in the United States that serves over four million
4 Californians living in poverty, providing them an important lifeline
5 by giving them access to food to feed themselves and their families;
6 and

7 WHEREAS, It is important to California's economy to fully
8 use every possible source of funding for its safety net programs;
9 and

10 WHEREAS, Federal benefit dollars such as those brought in by
11 CalFresh not only provide critical nutrition assistance to our state's
12 neediest residents, but they directly benefit local economies and
13 jobs; and

14 WHEREAS, According to the United States Department of
15 Agriculture, every \$1 of additional federal Supplemental Nutrition

1 Assistance Program benefits results in \$1.79 of new local economic
2 activity; and

3 WHEREAS, All potentially eligible families in California need
4 to be aware and use nutrition programs to help stay healthy and
5 stretch food dollars during these difficult economic times; and

6 WHEREAS, CalFresh benefits help families stretch their food
7 dollars to buy more healthy foods for the whole family; and

8 WHEREAS, California grocers are on the front-lines of
9 providing healthy foods to these communities on a daily basis; and

10 WHEREAS, California grocers have remained committed to
11 the effort of CalFresh along with raising the awareness of the
12 program within the communities they serve; and

13 WHEREAS, It is important for grocery stores to promote
14 wellness by providing consumers with fresh quality products every
15 day because they understand that communities who eat healthy
16 are less likely to have to go to the doctor due to preventable
17 conditions; and

18 WHEREAS, The partnership between Calfresh and California
19 grocers remains as strong as ever, particularly in these times of
20 need; and

21 WHEREAS, The month of March is National Nutrition Month,
22 and should serve as an opportunity to recognize that no one diet
23 is right for everyone, but it is important to maintain wholesome
24 food choices as part of a healthy lifestyle; now, therefore be it

25 *Resolved by the Assembly of the State of California, the Senate*
26 *thereof concurring*, That the Legislature recognizes the importance
27 and value of the CalFresh program in conjunction with California
28 grocers in feeding families and promoting healthy eating; and be
29 it further

30 *Resolved*, That the Legislature recognizes the month of March
31 2016 as National Nutrition Month, and encourages all Californians
32 to join the campaign and become concerned about their nutrition
33 and the nutrition of others in the hope of achieving optimum health
34 for both today and tomorrow; and be it further

35 *Resolved*, That the Chief Clerk of the Assembly transmit copies
36 of the resolution to the author for appropriate distribution.

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