

AMENDED IN ASSEMBLY MAY 31, 2016

CALIFORNIA LEGISLATURE—2015–16 REGULAR SESSION

**Assembly Concurrent Resolution**

**No. 187**

**Introduced by Assembly Member Gomez**

*(Coauthors: Assembly Members Alejo, Travis Allen, Arambula, Atkins, Baker, Bigelow, Bloom, Bonilla, Bonta, Brough, Brown, Burke, Calderon, Campos, Chang, Chau, Chávez, Chiu, Chu, Cooley, Dababneh, Dahle, Daly, Dodd, Eggman, Beth Gaines, Cristina Garcia, Gatto, Gipson, Gonzalez, Gordon, Gray, Grove, Hadley, Roger Hernández, Holden, Irwin, Jones-Sawyer, Kim, Lackey, Levine, Linder, Lopez, Low, Maienschein, Mathis, McCarty, Medina, Melendez, Mullin, Nazarian, Obernolte, Quirk, Rendon, Rodriguez, Santiago, Steinorth, Mark Stone, Thurmond, Ting, Wagner, Waldron, Williams, and Wood)*

May 17, 2016

Assembly Concurrent Resolution No. 187—Relative to American Stroke Month.

LEGISLATIVE COUNSEL'S DIGEST

ACR 187, as amended, Gomez. American Stroke Month.

This measure would proclaim the month of May 2016 as American Stroke Month in California.

Fiscal committee: no.

- 1 WHEREAS, Stroke is a leading cause of serious long-term
- 2 disability and the fifth leading cause of death in the United States,
- 3 killing about 130,000 people nationwide and over 13,500 California
- 4 citizens each year; and

1 WHEREAS, Stroke prevalence is projected to increase by 20.5  
2 percent between 2016 and 2030, inclusive, and the direct medical  
3 costs for treating stroke are expected to almost triple during the  
4 same period from \$71.6 billion to \$184.1 billion; and

5 WHEREAS, Nearly 80 million Americans have high blood  
6 pressure, which is a major controllable risk factor for stroke,  
7 including 44 percent of African American adults—among the  
8 highest prevalence of any population in the world; and

9 WHEREAS, Fifty-eight percent of Americans do not know if  
10 they are at risk for stroke; and

11 WHEREAS, One in three Americans cannot recall any stroke  
12 warning signs or symptoms; and

13 WHEREAS, The F.A.S.T. warning signs and symptoms of  
14 stroke include face drooping, arm weakness, speech difficulty, and  
15 time to call 9-1-1; and

16 WHEREAS, Beyond F.A.S.T., additional stroke warning signs  
17 and symptoms include sudden numbness or weakness of the face,  
18 arm, or leg, especially on one side of the body, sudden confusion,  
19 trouble speaking or understanding, sudden trouble seeing in one  
20 or both eyes, sudden trouble walking, dizziness, loss of balance  
21 or coordination, and sudden severe headache with no known cause;  
22 and

23 WHEREAS, On the American Stroke Month Day of Action,  
24 May 1, 2016, throughout the month of May and year-round, the  
25 American Stroke Association’s “Together to End Stroke” initiative  
26 encourages Americans to learn their personal stroke risk, memorize  
27 and share the stroke warning signs, and call 9-1-1 at the first sign  
28 of a stroke; and

29 WHEREAS, New and effective treatments have been developed  
30 to treat and minimize the severity and damaging effect of strokes,  
31 but much more research is needed; now, therefore, be it

32 *Resolved by the Assembly of the State of California, the Senate*  
33 *thereof concurring, That the Legislature declares the month of*  
34 *May 2016 to be American Stroke Month in California and urges*  
35 *all Californians to familiarize themselves with the risk factors*  
36 *associated with stroke, recognize the warning signs and symptoms,*  
37 *and on first sign of a stroke dial 9-1-1 immediately in order to*  
38 *begin to reduce the devastating effects of stroke on our population;*  
39 *and be it further*

1     *Resolved*, That the Chief Clerk of the Assembly transmit copies  
2 of this resolution to the author and to the Secretary of the Senate  
3 for appropriate distribution.

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