

## Assembly Concurrent Resolution No. 145

### RESOLUTION CHAPTER 166

Assembly Concurrent Resolution No. 145—Relative to Physical Therapy Month.

[Filed with Secretary of State September 9, 1998.]

#### LEGISLATIVE COUNSEL'S DIGEST

ACR 145, Machado. Physical Therapy Month.

This measure would proclaim October 1998 as Physical Therapy Month.

WHEREAS, Physical therapy, a hands-on health care profession, is a career in which physical therapists have the rewarding opportunity to make a positive difference in the quality of life for many individuals; and

WHEREAS, Physical therapy takes a personal and direct approach to meeting an individual's health needs and wants, and along with the patient and other health care practitioners, the physical therapist shares the hard work and commitment needed to accomplish each individual patient's goals; in this respect, physical therapists truly share the challenge of improving the patient's health, and likewise they take pride in their patient's successes; and

WHEREAS, For people with health problems resulting from an injury or a disease, the physical therapist assists in the recovery process making them stronger, relieving their pain, and helping them to regain use of an affected limb or to relearn activities of daily living such as walking, dressing, or bathing; and

WHEREAS, Another role of the physical therapist is keeping people well and safe from injury, and physical therapists do this by teaching people the importance of fitness and showing them how to avoid hurting their bodies at work or play; and

WHEREAS, By designing and supervising individualized conditioning programs, physical therapy promotes optimal physical performance and enables health conscious people to increase their overall fitness level and muscular strength and endurance; now, therefore, be it

*Resolved by the Assembly of the State of California, the Senate thereof concurring,* That October 1998 shall be proclaimed as Physical Therapy Month, to commend the field of physical therapy and those professionals who plan and administer treatment in order

to restore bodily functions, relieve pain, and prevent or limit disability to those suffering from a disabling injury or disease.

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