

AMENDED IN SENATE SEPTEMBER 1, 2009

AMENDED IN ASSEMBLY MAY 5, 2009

CALIFORNIA LEGISLATURE—2009–10 REGULAR SESSION

ASSEMBLY BILL

No. 244

**Introduced by Assembly Member Beall
(Principal coauthor: Assembly Member Chesbro)**

February 10, 2009

An act to add Section 22856 to the Government Code, to add Section 1374.74 to the Health and Safety Code, and to add Section 10144.8 to the Insurance Code, relating to health care coverage.

LEGISLATIVE COUNSEL'S DIGEST

AB 244, as amended, Beall. Health care coverage: mental health services.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975, provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of the act a crime. Existing law also provides for the regulation of health insurers by the Department of Insurance. Under existing law, a health care service plan contract and a health insurance policy are required to provide coverage for the diagnosis and treatment of severe mental illnesses of a person of any age. Existing law does not define “severe mental illnesses” for this purpose but describes it as including several conditions.

This bill would expand this coverage requirement for certain health care service plan contracts and health insurance policies issued, amended, or renewed on or after January 1, 2010, to include the diagnosis and treatment of a mental illness of a person of any age and

would define mental illness for this purpose as a mental disorder defined in the Diagnostic and Statistical Manual IV. The bill would specify that this requirement does not apply to a health care benefit plan, contract, or health insurance policy with the Board of Administration of the Public Employees' Retirement System unless the board elects to purchase a plan, contract, or policy that provides mental health coverage.

Because this bill would expand coverage requirements for health care service plans, the willful violation of which would be a crime, it would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes.
State-mandated local program: yes.

The people of the State of California do enact as follows:

1 SECTION 1. Section 22856 is added to the Government Code,
2 to read:
3 22856. The board may purchase a health care benefit plan or
4 contract or a health insurance policy that includes mental health
5 coverage as described in Section 1374.74 of the Health and Safety
6 Code or Section 10144.8 of the Insurance Code.
7 SEC. 2. Section 1374.74 is added to the Health and Safety
8 Code, to read:
9 1374.74. (a) A health care service plan contract issued,
10 amended, or renewed on or after January 1, 2010, that provides
11 hospital, medical, or surgical coverage shall provide coverage for
12 the diagnosis and medically necessary treatment of a mental illness
13 of a person of any age, including a child, under the same terms
14 and conditions applied to other medical conditions as specified in
15 subdivision (c) of Section 1374.72. The benefits provided under
16 this section shall include all those set forth in subdivision (b) of
17 Section 1374.72. "Mental illness" for the purposes of this section
18 means a mental disorder defined in the Diagnostic and Statistical
19 Manual IV, or subsequent editions, published by the American
20 Psychiatric Association, and includes substance abuse.

1 (b) (1) For the purpose of compliance with this section, a plan
2 may provide coverage for all or part of the mental health services
3 required by this section through a separate specialized health care
4 service plan or mental health plan, and shall not be required to
5 obtain an additional or specialized license for this purpose.

6 (2) A plan shall provide the mental health coverage required by
7 this section in its entire service area and in emergency situations
8 as may be required by applicable laws and regulations. For
9 purposes of this section, health care service plan contracts that
10 provide benefits to enrollees through preferred provider contracting
11 arrangements are not precluded from requiring enrollees who reside
12 or work in geographic areas served by specialized health care
13 service plans or mental health plans to secure all or part of their
14 mental health services within those geographic areas served by
15 specialized health care service plans or mental health plans.

16 (3) In the provision of benefits required by this section, a health
17 care service plan may utilize case management, network providers,
18 utilization review techniques, prior authorization, copayments, or
19 other cost sharing to the extent permitted by law or regulation.

20 (c) Nothing in this section shall be construed to deny or restrict
21 in any way the department's authority to ensure plan compliance
22 with this chapter when a plan provides coverage for prescription
23 drugs.

24 (d) This section shall not apply to contracts entered into pursuant
25 to Chapter 7 (commencing with Section 14000) or Chapter 8
26 (commencing with Section 14200) of Part 3 of Division 9 of the
27 Welfare and Institutions Code, between the State Department of
28 Health Care Services and a health care service plan for enrolled
29 Medi-Cal beneficiaries.

30 (e) This section shall not apply to a health care benefit plan or
31 contract entered into with the Board of Administration of the Public
32 Employees' Retirement System pursuant to the Public Employees'
33 Medical and Hospital Care Act (Part 5 (commencing with Section
34 22750) of Division 5 of Title 2 of the Government Code) unless
35 the board elects, pursuant to Section 22856 of the Government
36 Code, to purchase a health care benefit plan or contract that
37 provides mental health coverage as described in this section.

38 (f) This section shall not apply to accident-only, specified
39 disease, hospital indemnity, Medicare supplement, dental-only, or
40 vision-only health care service plan contracts.

1 SEC. 3. Section 10144.8 is added to the Insurance Code, to
2 read:

3 10144.8. (a) A policy of health insurance that covers hospital,
4 medical, or surgical expenses in this state that is issued, amended,
5 or renewed on or after January 1, 2010, shall provide coverage for
6 the diagnosis and medically necessary treatment of a mental illness
7 of a person of any age, including a child, under the same terms
8 and conditions applied to other medical conditions as specified in
9 subdivision (c) of Section 10144.5. The benefits provided under
10 this section shall include all those set forth in subdivision (b) of
11 Section 10144.5. "Mental illness" for the purposes of this section
12 means a mental disorder defined in the Diagnostic and Statistical
13 Manual IV, or subsequent editions, published by the American
14 Psychiatric Association, and includes substance abuse.

15 (b) (1) For the purpose of compliance with this section, a health
16 insurer may provide coverage for all or part of the mental health
17 services required by this section through a separate specialized
18 health care service plan or mental health plan, and shall not be
19 required to obtain an additional or specialized license for this
20 purpose.

21 (2) A health insurer shall provide the mental health coverage
22 required by this section in its entire in-state service area and in
23 emergency situations as may be required by applicable laws and
24 regulations. For purposes of this section, health insurers are not
25 precluded from requiring insureds who reside or work in
26 geographic areas served by specialized health care service plans
27 or mental health plans to secure all or part of their mental health
28 services within those geographic areas served by specialized health
29 care service plans or mental health plans.

30 (3) In the provision of benefits required by this section, a health
31 insurer may utilize case management, managed care, or utilization
32 review to the extent permitted by law or regulation.

33 (4) Any action that a health insurer takes to implement this
34 section, including, but not limited to, contracting with preferred
35 provider organizations, shall not be deemed to be an action that
36 would otherwise require licensure as a health care service plan
37 under the Knox-Keene Health Care Service Plan Act of 1975
38 (Chapter 2.2 (commencing with Section 1340) of Division 2 of
39 the Health and Safety Code).

1 (c) This section shall not apply to accident-only, specified
2 disease, hospital indemnity, ~~Medicare supplement, dental-only, or~~
3 ~~vision-only insurance~~ or *Medicare supplement insurance policies,*
4 *or specialized health insurance policies, except behavioral*
5 *health-only. policies.*

6 (d) This section shall not apply to a policy of health insurance
7 purchased by the Board of Administration of the Public Employees'
8 Retirement System pursuant to the Public Employees' Medical
9 and Hospital Care Act (Part 5 (commencing with Section 22750)
10 of Division 5 of Title 2 of the Government Code) unless the board
11 elects, pursuant to Section 22856 of the Government Code, to
12 purchase a policy of health insurance that covers mental health
13 services as described in this section.

14 SEC. 4. No reimbursement is required by this act pursuant to
15 Section 6 of Article XIII B of the California Constitution because
16 the only costs that may be incurred by a local agency or school
17 district will be incurred because this act creates a new crime or
18 infraction, eliminates a crime or infraction, or changes the penalty
19 for a crime or infraction, within the meaning of Section 17556 of
20 the Government Code, or changes the definition of a crime within
21 the meaning of Section 6 of Article XIII B of the California
22 Constitution.