

Assembly Concurrent Resolution

No. 8

Introduced by Assembly Members Butler and Bonnie Lowenthal
(Coauthor: Senator Evans)

January 20, 2011

Assembly Concurrent Resolution No. 8—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 8, as introduced, Butler. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2011 as American Heart Month in California, would recognize February 4, 2011, as Wear Red Day in California, and would urge public support for Go Red for Women events.

Fiscal committee: no.

1 WHEREAS, Diseases of the heart are the nations's leading cause
2 of death and stroke is the fourth leading cause of death; and
3 WHEREAS, Nearly 2,200 Americans die of cardiovascular
4 disease each day, approximately one death every 39 seconds; and
5 WHEREAS, Each year, 52 percent of all deaths due to
6 cardiovascular disease, and 60 percent of stroke deaths, occur in
7 females; and
8 WHEREAS, Too many women die each year because they are
9 unaware that heart disease is their number 1 killer; and
10 WHEREAS, In 2007, the direct and indirect cost of
11 cardiovascular diseases in the United States, including stroke, was
12 estimated to be \$286 billion; and

1 WHEREAS, Nearly as many women die of heart disease, stroke,
2 and all other cardiovascular diseases than the next four leading
3 causes of death combined, including all cancers; and

4 WHEREAS, Only 16 percent of women surveyed in 2009
5 identified cardiovascular disease as the greatest health problem
6 facing them; and

7 WHEREAS, February is designated as American Heart Month
8 and Californians should learn the warning signs of heart disease
9 and stroke; and

10 WHEREAS, Go Red for Women is the American Heart
11 Association's national call to increase awareness about heart
12 disease, the leading cause of death for women, and to inspire
13 women to take charge of their heart health; and

14 WHEREAS, Making the right choices relating to proper
15 nutrition, physical activity, and other lifestyle choices are essential
16 to living a heart healthy life; and

17 WHEREAS, Wear Red Day is recognized nationwide each year
18 to highlight the Go Red for Women campaign; now, therefore, be
19 it

20 *Resolved, by the Assembly of the State of California, the Senate*
21 *thereof concurring,* That the Legislature recognizes the month of
22 February 2011 as American Heart Month in California in order to
23 raise awareness of the importance of the ongoing fight against
24 heart disease and stroke; and be it further

25 *Resolved,* That the Legislature recognizes February 4, 2011, as
26 Wear Red Day in California, and urges all citizens to show their
27 support for women and the fight against heart disease by
28 commemorating this day by wearing the color red; and be it further

29 *Resolved,* That the Legislature urges public support for Go Red
30 for Women events planned in California during American Heart
31 Month; and be it further

32 *Resolved,* That the Chief Clerk of the Assembly transmit copies
33 of this resolution to the Secretary of the Senate and the author for
34 appropriate distribution.