

Assembly Concurrent Resolution

No. 54

Introduced by Assembly Member Mitchell

April 27, 2011

Assembly Concurrent Resolution No. 54—Relative to American Stroke Month 2011.

LEGISLATIVE COUNSEL’S DIGEST

ACR 54, as introduced, Mitchell. American Stroke Month 2011.

This measure would declare May 2011 to be American Stroke Month in California.

Fiscal committee: no.

1 WHEREAS, Stroke is a leading cause of serious long-term
2 disability and the third leading cause of death in the United States,
3 killing over 136,000 people nationwide and approximately 15,585
4 citizens of California each year; and

5 WHEREAS, Warning signs of stroke include sudden numbness
6 or weakness of the face, arm, or leg, especially on one side of the
7 body, sudden confusion, trouble speaking or understanding, sudden
8 trouble seeing in one or both eyes, sudden trouble walking,
9 dizziness, loss of balance or coordination, and sudden severe
10 headache with no known cause; and

11 WHEREAS, Americans are more aware of the risk factors and
12 warning signs for stroke now than they have been in the past, but
13 two in five adults cannot identify any symptoms; and

14 WHEREAS, The actions for American Stroke Month 2011 are
15 “Take 2 to Save 2” to encourage people to take two minutes to
16 save two lives by sending two health messages to two people that

1 they know who smoke, are overweight, have high blood pressure,
2 diabetes, or a family history of heart disease or stroke, and are at
3 increased risk of being disabled or dying from a stroke, and to
4 promote the program “Power to End Stroke” to reduce stroke in
5 African Americans, who are at particularly high risk of stroke, by
6 empowering them to reduce their risk, recognize the warning signs,
7 and respond quickly; and

8 WHEREAS, New and effective treatments have been developed
9 to treat and minimize the severity and damaging effects of strokes,
10 but much more research is needed; now, therefore, be it

11 *Resolved by the Assembly of the State of California, the Senate*
12 *thereof concurring*, That the Legislature declares May 2011 to be
13 American Stroke Month in California; and be it further

14 *Resolved*, That the Legislature urges all Californians to
15 familiarize themselves with the risk factors associated with stroke,
16 to recognize the warning signs and symptoms of stroke, and, at
17 the first signs of a stroke, to dial 911 immediately in order to begin
18 to reduce the devastating effects of stroke on our population; and
19 be it further

20 *Resolved*, That the Chief Clerk of the Assembly transmit copies
21 of this resolution to the author and to the Secretary of the Senate
22 for appropriate distribution.