

Assembly Concurrent Resolution No. 166

RESOLUTION CHAPTER 135

Assembly Concurrent Resolution No. 166—Relative to Recovery Month.

[Filed with Secretary of State September 18, 2012.]

LEGISLATIVE COUNSEL'S DIGEST

ACR 166, Beall. Recovery Month.

This measure would recognize September 2012 as Recovery Month in California, in order to raise awareness of the importance of substance use disorders treatment and to help people living with substance use disorders and their families to receive treatment.

WHEREAS, Behavioral health is an essential part of one's health and overall wellness; and

WHEREAS, Treatment and long-term recovery from substance use disorders can offer a renewed outlook on life for those who are addicted and their family members; and

WHEREAS, People who receive treatment for substance use disorders can lead more productive and fulfilling lives, both personally and professionally; and

WHEREAS, Real stories of long-term recovery can inspire others to ask for help and to improve their own lives, the lives of their families, and their entire communities; and

WHEREAS, People in recovery can achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and

WHEREAS, We must encourage relatives and friends of people with mental or substance use disorders, or both, to implement preventative measures, recognize the signs of a problem, and guide those in need toward appropriate treatment and recovery support services; and

WHEREAS, Substance use disorders impact approximately 3 million people in California, or approximately 8 percent of the population; and

WHEREAS, The theme of this year's effort, "Join the Voices for Recovery: It's Worth It," recognizes the impact that real people and real stories have on recovery and celebrates those who have worked to advance the treatment and recovery landscape; and

WHEREAS, It is critical that we educate community members throughout California that substance use disorders are treatable, yet serious, health care problems, and that by treating them like other chronic diseases, we can improve the quality of life for the entire community; now, therefore, be it

Resolved by the Assembly of the State of California, the Senate thereof concurring, That the Legislature recognizes the month of September 2012

as Recovery Month, in order to raise awareness of the importance of substance use disorder treatment, and to help those living with substance use disorders and their families to receive treatment; and be it further

Resolved, That the Legislature encourages public support for the “Join the Voices for Recovery: It’s Worth It” events planned in communities throughout California during Recovery Month; and be it further

Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.